Columbus Area **United Way** 



# COMMUNITY **RESOURCES**

**SERVICES LOCATED IN COLUMBUS UNLESS** OTHERWISE NOTED.

Columbus Area **United Way** 



Last updated March 2025

**VISIT THE COLUMBUS AREA UNITED WAY WEBSITE TO FIND MORE DETAILED INFORMATION ON THESE RESOURCES** AND ADDITIONAL **PROGRAMS** 

**VISIT NE211.ORG OR CALL** 2-1-1 / 402-444-6666 / 1-866-813-1731. TEXT YOUR **ZIP CODE TO 898211.** 

FREE IN APP STORE OR ON **GOOGLE PLAY - SEARCH** 211 NE.













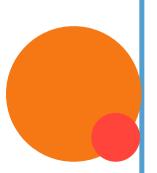






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Just imagine...a FREE book mailed to your child EVERY month from birth through four years old.

Dolly Parton's Imagination Library is a 60 volume set of books beginning with the children's classic "The Little Engine That Could."

Each month a new, carefully selected book will be mailed in your child's name directly to your home. There is no cost or obligation to your family. The program is fully funded by the United Way.

#### Who is eligible?

Any child under the age of 5 whose parent/guardian reside in Platte, Colfax, Boone or Nance County or work in Columbus, Schuyler or at Sentinel Buildings in Albion.

Books are mailed to the address listed on the registration form.

You must contact the Columbus Area United Way if your address changes.

For more information call 402-564-5661or visit - www.columbusunitedway.com/imagination-library

### **Abuse Services**

#### CASA Connection- casaconnectionne.com

1465 27th Ave. · 402-563-4944 Monday - Friday · 9:00 - 5:00 p.m.

To train & support adult volunteers to represent the best interests of child victims of abuse & neglect in the courts.

#### Center For Survivors- centerforsurvivors.org

3103 13th Street · 402-564-2155 or 800-788-1325

Emergency / Crisis Service provides 24-hour access, safe shelter, emergency medical/legal/financial assistance for victims of domestic violence/sexual assault.

#### Guardians of the Children (GOC)- guardiansofthechildren.com/nebraska-chapters

roughneck7107@gmail.com · 402-270-0420

To recognize & react to child abuse & educate the public to do the same; to serve as advocates to provide strength & stability to families in crisis; and be an answer to the prayer of an abused child or teen for courage, support & protection.

#### NE Dept of Health & Human Services- dhhs.ne.gov/Pages/default.aspx

3737 25th Street · 402-564-1113 Monday - Friday · 8:00 - 5:00 p.m.

#### Adult/Child Protective Services- dhhs.ne.gov/Pages/Children-and-Family-Services.aspx

Helps protect adults & children from abuse & neglect. To report abuse or neglect of a vulnerable adult, call 800-652-1999.

#### Faith Regional Child Advocacy Center- www.frhs.org/medical-services/child-abuse-care

2622 W. Norfolk Ave., Suite 100, Norfolk, NE 68701 · 402-371-4880

Provides hope & healing to victims of child abuse. Attention to the needs & abilities of children is the hallmark of our center.



## **Aging & Older Adults**

#### Angels Care Home Health- angelscarehealth.com

3314 26th Street, Suite B · 402-910-8880

Monday - Friday · 8:00 - 5:00 p.m. · Nurse on call 24/7

Provides skilled nursing and restorative therapy services to clients in their home.

#### Area Agency on Aging Senior Centers

Provides hot meals to meet the nutritional needs of adults aged 60 and older along with a variety of services and activities to give older adults the opportunity to interact with their peers and stay active. Reservations 24 hours in advance and suggested contribution for those aged 60 and over.

#### Senior Centers:

\*Beaver Valley Senior Center - https://www.facebook.com/BeaverValleySeniorCenter/

308 Beaver Street - St. Edward · 402-678-3455

Monday - Friday · 8:30 a.m. - 1:30 p.m.

\*Cedar Rapids Senior Center

306 W. Main Street · 308-358-0311

Monday - Friday · 8:30 a.m. - 2:00 p.m.

\*Columbus Senior Center- columbusne.us/128/Community-CenterSenior-Services

3111 19th Street · 402-563-4444

Monday - Friday · 8:00 a.m. - 3:00 p.m.

\*Colfax County Senior Center - schuylernebraska.net/health/senior-center/

124 E. 12th Street in Schuyler · 402-352-5008

Monday - Friday · 7:30 a.m. - 4:00 p.m.

(both breakfast and lunch available)

\*Pawnee Senior Center -facebook.com/people/Pawnee-Senior-Center/100064868370922/

115 N. Oak Street in Genoa · 402-993-6002

Monday, Tuesday, Thursday and Friday 9:00 a.m. - 11:00 a.m.

#### Meals Only Sites

\*Owl Cafe - 226 Center St. in Howells · 402-986-1570

#### Columbus Community Hospital- columbushosp.org/for-the-community/meals-on-wheels

4600 38th Street · 402-564-7118 Monday - Friday · 8:00 - 4:30 p.m. **Meals on Wheels** · 402-562-3382

Provides nutritious well-balanced noon meals for senior citizens who are confined to their home. Financial assistance for meals may be available.

#### Cornerstone Caregiving - cornerstonecaregiving.com/locations/columbus-ne/

2716 13th St., Suite 4 · 531-230-8500

Provides in-home care services to meet each individual's unique needs. Our wide range of services include veteran's care, palliative care, respite care, senior care, Alzheimer's & dementia care, mobility assistance, and support with activities of daily living.

### **Hotlines**

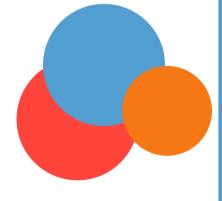
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Alzheimer's Disease Hotline	1-800-272-3900
Boys Town National Hotline	1-800-448-3000
CDC National HIV/AIDS/STD Hotline	1-800-232-4636
Child/Adult Abuse Hotline	1-800-652-1999
Child Find of America	1-800-426-5678
Disability Services (Client Assistance Program) ·	1-800-742-7594
Drug Information & Referral Hotline	1-800-662-4357
Eldercare Locator	1-800-677-1116
Crisis Care Line (Nebr. Region 4 Behavioral Health)	1-888-37-7003
Legal Aid Rural Response	1-800-464-0258
Narcotics Anonymous	402) 563-3853
National Center for Missing & Exploited Children	1-800-843-5678
National Child Abuse Hotline	1-800-422-4453
National Human Trafficking Hotline	1-888-373-7888
National Runaway Hotline	800-786-2929
National 988 Suicide & Crisis Lifeline	988

Nebraska Family Helpline1-888-866-8660Nebraska Problem Gambling Helpline833-238-6837Poison Control Center1-800-222-1222SHIIP NE Senior Health Insurance Information1-800-234-7119US Citizenship & Immigration Contact Center1-800-375-5283Veterans Crisis LineDial 988, then press 1



Nebraska 211



## **Youth Programs**

#### Platte County Juvenile Services- plattecounty.ne.gov/juvenile-diversion

1465 27th Avenue · 402-563-4965 / 402-563-4970 (bilingual)

Monday - Friday · 8:00 - 5:00 p.m.

Operates the Platte Valley Diversion Program which provides alternative rehabilitation and education for eligible juvenile offenders to have the opportunity to become successful without court involvement. An Attendance Monitor works to provide guidance and assistance when a youth has chronic absences from school. A youth Scholarship Fund can cover fees for sports and activities.

#### TeamMates Mentoring Program- teammates.org

3220 25th Street · 402-564-8326

Hours Vary

Provides positive role models to students in need of additional caring adult in their lives.

#### Youth & Families for Christ- yffccolumbus.com

2809 13th Street · 402-563-3700

Monday - Friday · 9:00 - 5:00 p.m.

### GAPS, OSS (Out of School Suspension), High School Club, Middle School Club, Teen Parents, Stress & Anger Management

Expertise in reaching kids in every situation or circumstance to bring about positive changes - physically, emotionally, socially and spiritually.



### **Aging & Older Adults**

#### Home Instead Senior Care-homeinstead.com/location/104/service-area/columbus-ne

3309 31st Street. Ste 7 · 402-563-9292

Monday - Friday · 24/7

To enhance the lives of aging adults & their families. Our home care services can help your loved one live at home independently.

#### League of Human Dignity- leagueofhumandignity.com

400 Elm Avenue Norfolk, NE 68701 · 402-371-4475

Provides supports to those with disabilities to live independently in their homes.

### NE Dept Health & Human Services- <a href="https://dhhs.ne.gov/Pages/Support-for-Seniors-and-People-with-Disabilities.aspx">https://dhhs.ne.gov/Pages/Support-for-Seniors-and-People-with-Disabilities.aspx</a>

3737 25th Street · 402-564-1113

Monday - Friday · 8:00 - 5:00 p.m.

Protect the health of all Americans by providing essential human services, especially for those unable to help themselves - elderly, vulnerable adults, & older adults with disabilities.

#### Northeast Nebraska Area Agency on Aging and Aging & Disability Resource Center- nenaaa.com

110 N. 37th Street. #101 in Norfolk · 402-370-3454 / 1-800-672-8368

Monday - Friday · 8:00 - 5:00 p.m.

Assists older adults to remain Independent which is achieved through a variety of programs & services. The ADRC is available to inform on long-term services & supports for older adults & persons with a disability of any age.

#### Promedcare- promedcareinc.com

3100 23rd Street, Ste. 4 · 402-564-7900

Monday - Friday · 8:30 - 5:00 p.m.

Dedicated to enhancing quality of life by delivering compassionate non-medical care to clients.

#### Right at Home- rightathome.net/columbus-nebraska

3154 18th Avenue, Suite 5 in Columbus · 531-230-5300 (call any time)

Provide elder care services in the home that will provide peace of mind for you & your family. Whether it be short term companionship or more depth care.



## **Aging & Older Adults**

#### Visiting Angels - https://www.visitingangels.com/norfolk\_ne/home

2108 Taylor Ave., #200, Norfolk, NE 68701

Through our specialized Life Care Navigation, senior care program, the team at Visiting Angels provides a variety of home care services to support seniors with diverse care needs.

#### **Independent and Assisted Living Communities**

Cottonwood Place · 402-562-9136 · cottonwoodseniorcare.com

Crown Villa · 402-564-7311 · crownvillacolumbus.com

Edgewood Vista · 402-564-3785 · edgewoodhealthcare.com

Emerald Nursing & Rehab · 402-564-8014 · emeraldcolumbus.com

Meridian Gardens · 402-564-6300 · heritage-communities.com

Prairie Village Retirement · 402-563-4213 · pvrc.net

Realife of Columbus · 402-563-1122 · realifeofcolumbus.com

Valley View Assisted Living - Fullerton · 308-536-3390

Looking Glass Estates - Genoa · 402-993-2283 · genoamedical.org/getpage.php?

name=Assisted\_Living&sub=Services

Wolf Memorial - Good Samaritan · 402-741-4639 · good-sam.com/locations/albion

#### Long & Short-Term Care

Brookstone Acres · 402-942-9260 · brookestoneacrescare.com

Emerald Nursing & Rehab · 402-564-8014 · emeraldcolumbus.com

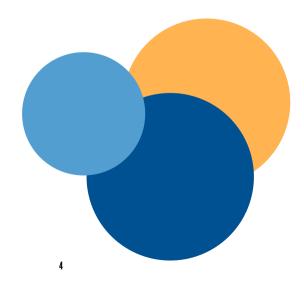
Arbor Care Center - Fullerton · 308-536-2488 · arborcarecenter.com/fullerton/

Cloverlodge Care Center – St. Edward · 402-678-2294 · <u>cloverlodge.com</u>

Genoa Medical Facilities · 402-993-4598 · genoamedical.org/getpage.php?

name=Long\_Term\_Care&sub=Services

Wolf Memorial - Good Samaritan · 402-741-4639 · good-sam.com/locations/albion



### **Youth Programs**

#### Banisters Leadership Academy - banisters.org

402-983-5714

Non-profit youth development organization teaching life, leadership and social skills through fund and engaging activities at no cost to families. Partner to hold programming on Saturdays with one or more schools.

#### Big Pals ~ Little Pals- bigpals.org

2417 11th Street · 402-910-8334

Monday - Friday · 9:00 - 5:00 p.m.

Serves children between the ages of 6 and 16 who could use an additional caring adult in their lives. Focus is to instill mentees with higher aspirations for the future, improve their self-confidence while avoiding risky behaviors and doing better in school.

#### Boy Scouts- mac-bsa.org

402-431-9272

Monday - Friday · 8:00 - 5:00 p.m.

Provide a value-based educational program to build character, teach responsible citizenship & develop personal fitness.

#### Columbus Family YMCA- columbusy.org

3912 38th Street (Columbus Wellness Center) · 402-564-9477

Open 7 days a week · Hours vary

Provides youth development, healthy living & social responsibility.

#### Columbus Public Schools - After School Programs- facebook.com/cpscaspne

2715 13th Street · 402-563-7000, ext. 13483

Provide childcare in a safe, caring, interesting & structured environment that serves the best interest of each child & his/her family.

#### Girl Scouts - Columbus Service Center- girlscoutsnebraska.org

1570 33rd Avenue · 402-558-8189

Monday - Thursday · 9:00 a.m - 5:00 p.m.

Our program revolves around a leadership experience for girls: a collection of activities and experiences as they earn badges, sell cookies, take exciting trips, explore the outdoors, create action projects that make a difference, and more.

#### Nebraska Extension - Platte County- platte.unl.edu

2610 14th Street · 402-563-4901 Monday - Friday · 8:00 - 5:00 p.m.

4-H Program is a club membership youth development program.

### **Veteran Services**

### VA Nebraska Health System- <u>va.gov/nebraska-western-iowa-health-care/locations/norfolk-va-</u>clinic/

3204 Raasch Drive, Norfolk, NE 68701 · 402-370-4570

Monday - Friday · 8:00 a.m. - 4:30 p.m.

Outpatient clinic providing primary care and specialty health services, including mental health care, laboratory and pathology services; can also provide connections to health transportation services.

#### VFW- vfw.org

2720 23rd Street · 402-563-3704

Offers a wide range of assistance programs aimed at helping veterans of every generation. Whether that means providing free, professional help filing or appealing a VA claim, offering scholarships for post-secondary education or providing emergency financial relief when times get tough, the VFW is there for America's veterans.



## Counseling, Alcohol & Drug Abuse Services

#### 1C Church Celebrate Recovery- 1cchurch.churchcenter.com/registrations

2200 28th Avenue · 402-835-5511

A Christ-centered recovery community helping others celebrate freedom from all types of painful hurts, habits & hang-ups. Learn to apply 12 steps along with biblical teachings & 8 Recovery Principles based on teachings of Jesus.

#### Apex Therapy- apextherapyservices.org

1306 Andrews Drive Norfolk, NE 68701 · 402-851-4026

A full-service outpatient mental health practice servicing Adults, Children/Youth, Couples, and Families. Telehealth services are available. We provide individual, couples, child, and family therapeutic services as well as Psychological, Neuropsychological, ADHD and Learning Evaluations.

#### Behavioral Health Specialists- 4bhs.org

4432 Sunrise Place · 402-564-9994

Open 24/7

Seekers of Serenity Place provides social detox & short-term residential treatment for chemically dependent adults as well as outpatient substance abuse & mental health counseling.

#### Boone County Health- boonecohealth.org

723 West Fairview Street, Albion, NE 68620 · 402-395-3247

Offers a variety of outpatient services including assessment, individual, family & couples counseling.

#### Choices Treatment Center- https://www.choicestreatmentcenter.net/

3116 18th Street. Suite 55 · 402-476-2300

Choices is an outpatient treatment and recovery facility committed to helping individuals overcome problems related to gambling, substance abuse, and mental health through a holistic approach so all co-occurring issues may be addressed.

#### CD Lambert Therapy Services- lamberttherapyservices.com

1453 29th Ave. · 402-562-7728

Monday - Friday · Hours Vary

Assisting individuals and couples with mental health therapy for relationships, stress, anxiety, grief and depression.

#### CHI Behavioral Health Clinic Schuyler- chihealth.com/locations/chi-health-schuyler

1721 Colfax Street, Schuyler, NE 68661

Offers services to address mental health needs including depression & anxiety, trauma & PTSD, relationship issues, substance abuse, stress management, grief & loss, and family dynamics.

## **Counseling, Alcohol & Drug Abuse Services**

#### Colegrove Counseling Center, LLC- colegrovecounseling.com

1460 35th Avenue · 402-562-6767

By appointment

Provides substance abuse & mental health services to individuals, families & couples.

#### COR Therapeutic Services- cortherapeutic.com

3805 25th Street · 402-500-6870 Monday - Friday · 8:00 - 5:00 p.m. Evening / weekends · By appointment

Meet individuals & families helping them achieve their mental health goals with unconditional acceptance, compassion & empathy. Provides substance use assessments and outpatient therapy for substance abuse.

#### Columbus Psychiatry Clinic- columbuspsychiatry.org

4508 38th Street, Ste. 165 · 402-562-4765

Monday - Friday · 8:00 - 5:00 p.m.

Offers care for children, adolescents, adults and seniors with medication management, psychotherapeutic services, psychological testing and counseling services. Can address many concerns, including but not limited to depression, anxiety, personality disorders, substance abuse and addiction, and difficulties with child behaviors.

#### East Central District Health Dept. & Good Neighbor Health Clinicgoodneighborcommunityhealthcenter.com

4321 41st Avenue · 402-562-7500

Mon/Tues/Thurs/Fri · 8:00 - 5:00 p.m. | Wed · 8:00 - 7:00 p.m.

Good Neighbor's Behavioral Health Department offers a comprehensive range of services. Our interdisciplinary team includes psychiatrists, physicians, therapists, social workers, and substance abuse counselors who work together to provide integrated care tailored to your unique needs.

#### Elissa Olson, LMHP

1367 33rd Avenue · 402-942-167

Provides counseling services to individuals, families, couples & groups.

#### Embark Counseling- embarkcounselingllc.com

3154 18th Avenue, Suite 7 · 402-942-9005

Monday - Thursday · 8:00 - 5:00 p.m.

Friday · By appointment

Provides mental health & substance abuse counseling to individuals, couples & families.

### **Veteran Services**

### American Red Cross of Southeast Nebraska - <a href="mailto:redcross.org/about-us/our-work/military-families.html">redcross.org/about-us/our-work/military-families.html</a>

4600 Salt Valley Road, Ste. 300, Lincoln, NE 68510 · 877-272-7337 (24 hours a day) Helps members of the military, veterans and their families prepare for, cope with, and respond to, the challenges of military service and includes: emergency communications; financial assistance; information & referral services; deployment services; and assistance with benefits claims.

#### Central Nebraska Community Action Partnership (CNCAP)- centralnebraskacap.com

3286 53RD Avenue · 402-564-1124

Monday - Friday · 8:00 a.m. - 5:00 p.m.

The Supportive Services for Veteran Families (SSVF) program works to help homeless or near homeless Veterans, both individuals and families get access to housing and services.

VRRH- Veteran Rapid Re-Housing aid disabled Veterans that are literally homeless to achieve

permanent housing stability.

#### Columbus American Legion- columbusamericanlegion.org

2263 3rd Avenue · 402-562-8484

Offers a wide range of services and support to veterans, active military personnel, and their families. From advocacy and assistance with VA benefits to community programs, youth initiatives, and events.

#### Disabled American Veterans - Columbus- <u>davwebsites.dav.org/ne/SystemPages/Home.aspx</u>

3111 25th Street  $\,\cdot\,$  Contact for an appointment at either 402-270-9638 or  $\underline{\text{davnebraska@gmail.com}}$ 

Empowers veterans to lead high-quality lives with respect and dignity by ensuring that veterans and their families can access the full range of benefits available to them; fighting for their interests on Capitol Hill; and educating the public.

#### Nebraska Department of Labor -

#### dol.nebraska.gov/ReemploymentServices/Training/VeteranEmploymentServices

3100 23rd Street · 402-564-7160

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Veterans and eligible spouses receive access, on a priority of service basis, to the full range of public employment and training services, including: career assessment/counseling; assistance with résumés and interviewing skills; support services referrals; job referrals; and information on careers, training, education, and financial aid.

#### Platte County Veterans Service Office- plattecounty.ne.gov/veterans-services/

2610 14th Street · 402-563-4914

Monday - Friday · 8:00 - 5:00 p.m.

Assists with access to a number of county, state and federal benefits programs including, but not limited to: the County Veterans' Aid Fund (CVA); Homestead exemptions; State Veterans' AID Fund (NVA); tuition waivers; life insurance; disability compensation; home loan programs and appeals of VA claim decisions.

### **Transportation**

#### Columbus Area Transit- columbusne.us/125/columbus-area-transit

1058 28th Avenue · 402-564-9293

Monday - Friday · 8:00 - 4:00 p.m. (office); 8:30 a.m. - 3:15 p.m. (rides)

Transporting individuals where they need to go in a safe & timely manner at an affordable rate.

#### Columbus Cancer Care Foundation - Transportation - columbuscancercarefoundation.org

4860 33rd Avenue · 402-270-7740

Monday - Friday · 8:00 - 4:00 p.m.

Van dedicated to transporting cancer patients to & from their cancer related appointments.

#### Kiddie Cab

3317 30th Street · 402-564-3309 / Cell: 402-606-9716

Monday - Friday · 7:00 – 6:00 p.m.

To transport children between the ages of 3 - 18 years to & from various activities, appointments & schools.

#### Ponca Tribe of Nebraska - Ponca Express-poncatribe-ne.org/services/ponca-express

1800 Syracuse Avenue Norfolk, NE 687014 · 1-877-769-3111

Monday - Friday · 7:30 - 4:30 p.m.

Provide transportation for appointments, meetings, or gatherings at an affordable rate. Services include— health care, recreation, education, public services, gatherings, social services & youth services for rural residents in the service area. Service within 3 hour radius of Norfolk.

#### Schuyler Public Transit - schuylernebraska.net/government/city-of-schuyler/schuyler-handibus/

1103 B Street, Schuyler · 402-352-3101

9:00 a.m. - 4:00 p.m.

Public transit program servicing the city of Schuyler, Nebraska and surrounding Colfax County.



## Counseling, Alcohol & Drug Abuse Services

#### Good Life Counseling- goodlifecounseling.com

2277 22nd Avenue · 402-562-0400

Good Life offers goal directed, solution-based counseling. Mental health therapy for individuals & families.

#### Goodwill Industries- goodwillne.org/bhs-onepage

3100 23rd Street Ste. 23 · 402-942-9007

Monday-Friday · 9:00 a.m. - 3:00 p.m.

Behavioral Health Services provides support to people in the recovery process, helping them to create a recovery plan, embrace hope, receive mental and physical healthcare, build skills and successfully live in their communities.

#### GracePoint Institute for Relational Health- relationalhealth.org

1470 23rd Avenue (Family Life Center) · 402-614-6287

Provide all those who are suffering from any mental illness or difficulty a safe place to work through those struggles. Our therapists are trained and equipped to handle a wide variety of issues; offers individual, couples and family counseling.

#### Growth & Grace Counseling- growthandgracecounseling.com

1114 W State Street Albion, NE 68620 · 402-396-5709

Strive to empower any person whose daily functioning has been impacted by current & past stress, life adjustments & mental illness.

#### Oxford House Program - oxfordhouse.org

Columbus has two homes – for women's call 402-606-4999, men's call 402-606-4778. An Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment.

#### **Professional Mental Health**

3314 26th Street · 402-562-7099

Monday - Friday · By appointment

Provides counseling services to ages six and up, on many issues.

#### Region 4 Professional Partner Program- region4bhs.org

206 W. Monroe Avenue, Norfolk, NE 68701 · 402-370-3344

Monday - Friday · 8:00 - 5:00 p.m.

Assist families who have a child with severe emotional disturbance in accessing services for the family without having to either have child become a ward of the state or incur undue debt to cover such services.

## **Counseling, Alcohol & Drug Abuse Services**

#### **Rooted Counseling, Consulting & Yoga**

1106 West State Street, Albion, NE 68620 · 402-608-1040

Monday - Thursday · 8:00 - 5:00 p.m.; Friday 8:00 a.m. - 12:00 p.m.

Offers a holistic approach to mental health, specializing in EMDR and trauma-focused therapy to support healing and resilience. By integrating evidence-based counseling techniques with mindfulness and yoga practices, helps individuals address past wounds, foster growth, and cultivate balance. Our mission is to guide clients on a transformative journey toward self-discovery and lasting wellness.

#### The Link- link-recovery.org

1001 W Norfolk Ave., Norfolk, NE 68701 · 402-371-5310

Open 24/7

Long term residential addiction treatment in aimed at helping men return to being active & productive and members of society.

#### The WELL- womenslifeline.net

910 W Park Ave · 402-371-0220 Norfolk, NE 68701 · Open 24 / 7

Counseling services also available in Columbus at 2718 13th Street.

The Well is a mental health and substance recovery agency in Norfolk, Nebraska. We offer both long-term residential and outpatient treatment. We believe ALL people in recovery from behavioral health disorders deserve to be treated with dignity and care.

#### Youth for Christ- vffccolumbus.com

2809 13th Street · 402-564-3700 Monday - Friday · Hours Vary

#### **Anger Management Classes Adolescents**

Program designed for adolescents with a hands-on curriculum.

#### G.A.P.S. (Group for Adolescents Providing Support)

Teen program addressing drug and alcohol abuse. Provides a positive environment to support teens

13-19 years of age.

#### Zimmerman Counseling

1570 38th Avenue · 402-564-6448 Monday - Thursday · 8:00 -6:00 p.m.

Provide individual, couples & family counseling addressing a multitude of issues

### **Support Groups**

NAMI Nebraska/Online Connection Support Groups- naminebraska.org

Helpline · 800-950-6264

Narcotics Anonymous - na.org

844-818-3733

Provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. There is not a focus on any particular drug and its approach makes no distinction between drugs, including alcohol.

SOS (Survivors of Suicide) Adult Survivor Group · 402-910-5855

Youth & Families for Christ- yffccolumbus.com

G.A.P.S (Group for Adolescent Providing Support) · 402-564-3700

1C Church- 1cchurch.churchcenter.com/groups/groups/celebrate-recovery

Celebrate Recovery · 402-835-5511





## **Support Groups**

Alcoholics Anonymous - Nebraska Hotline- <u>area41.org</u> 877-226-3632

#### AL-ANON/AL-ATEEN - al-anon.org

888-425-2666

Facilitates mutual support groups of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. Call for local or online options for group meetings.

Arc of Platte County – Parents for Parents- <u>arcofplattecounty.com</u> 402-563-1699

Helping Hands Cancer Foundation - helpinghandscancerfoundation.org 402-562-8666

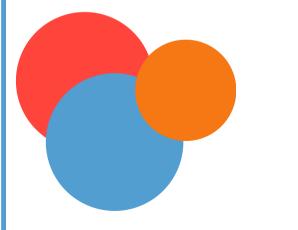
#### Columbus Community Hospital-columbushosp.org

Offers a variety of classes and support groups, including: Alzheimer's & Dementia Support  $\cdot$  402-910-8111/402-910-8580 Bump & Beyond Prepared Childbirth  $\cdot$  402-562-3266

Diabetes Support · 402-562-4462 Grief Support · 402-562-3300 Parkinson's Support · 402-562-3333 TBI & Stroke Support · 402-562-3333

A Time to Health (Cancer Survivors) · 402-562-4794

For a full list, visit the website and click the "For The Community" tab.





## **Disability/Developmental Services**

#### Apace - goapace.com

764 33rd Avenue · 402-562-8442 Monday – Friday · 8:00 a.m. – 4:30 p.m.

Provides education and support to individuals with disabilities, promotes safety and respect, and advocates for dignity and inclusion within the community.

#### Assistive Technology Partnership- atp.nebraska.gov

1212 W. Benjamin Ave., Norfolk, NE 68701 · 877-713-4002

Monday - Friday · 9:00 a.m. - 4:30 p.m.

Provide assistive or adaptive technology that will help increase, maintain or improve functional capabilities of individuals with a disability or impairment

#### Arc of Platte County- arcofplattecounty.com

3020 18th Street · 402-563-1699

Call for hours

Help people with disabilities have quality opportunities, community acceptance & awareness. Learn how to speak out & have confidence.

#### Blue Gems ABA - bluegemsaba.com

For information, call 402-807-7447

Provides Applied Behavior Analysis (ABA) therapy services for individuals aged 1-21 years who are on the autism spectrum. Board Certified Behavioral Analysts develop programs to fit each child's specific needs to ensure that each child thrives.

#### Camp Luther - His Kids Camp- campluther.org

1050 Road 4 Schuyler, NE 68661 · 402-352-5655

Hours/Times vary

Offers several events for our campers with special needs each year, including our His Kids Summer Camp and Spring and Fall Retreats. Strives to maintain a 1-to-1 ratio of "buddies" (volunteers) to campers to ensure that everyone is able to have a great time - for ages 16 and up.

#### Columbus Community Hospital- columbushosp.org

3912 38th Street (Wellness Center) · 402-562-3341

Monday - Thursday · 8:00 - 6:00 p.m.

Friday · 8:00 - 5:00 p.m.

#### Wiggles & Giggles

Therapy for children through evaluation, treatment & education for developmental disabilities & other pediatric concerns.

## **Disability/Developmental Services**

#### East Central District Health Dept.- ecdhd.ne.gov

4321 41st Avenue · 402-564-4497 Monday - Friday · 8:00- 5:00 p.m. Early Development Network

Provides early intervention services for families with children birth to age three with developmental delays and/or health care needs; providing developmental supports and services early on improves a child's ability to develop and learn.

#### ESU #7 Student Services - esu7.org

2563 44th Avenue · 402-564-0815 Monday - Friday · 7:30 - 4:30 p.m. Early Childhood Special Education

Provides children aged three to five with special education services through their respective school districts. Collaboratively, the special education provider, preschool teachers, and parents collaborate to define goal-oriented participation and determine services, both within community, private, and public preschool settings.

#### Mosaic- mosaicinfo.org/locations/nebraska/northeast-ne

1263 25th Ave. · 402-379-3888

Monday - Friday · 8:00 - 5:00 p.m. · Residential 24/7

Mosaic advocates for people with intellectual disabilities and provides opportunities for them to enjoy a full life. Programming includes Day Services, Employment Skills, Group Setting, Mental and Behavioral Health/Autism Services and Home Services.

#### NE Com. for Blind/Visually Impaired- ncbvinebraska.gov

214 N 7th Street Norfolk, NE 68701 · 402-370-3436

Monday - Friday · 8:00 - 5:00 p.m.

Blind & visually impaired receive training in the alternative skills needed to pursue personal & vocational goals.

#### Nebraska VR- vr.nebraska.gov

3100 23rd Street · 402-562-8065 Monday - Friday · 8:00 - 5:00 p.m.

To assist individuals with physical, learning, mental & emotional disabilities to obtain & maintain employment.

#### NorthStar Services- northstarservices.net

2866 48th Avenue · 402-564-1465 Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provides services & support people with developmental disabilities to reach their goals, including employment, residential and respite services and community involvement.

### **Parenting**

#### Parent to Parent Network- parent-parent.org

1502 North 13th Street, Norfolk, NE 68701 · 402-379-2268

Monday - Friday · 8:30 - 5:00 p.m.

Provides peer support to & advocacy for families of children with behavioral/emotional challenges including social, emotional, mental, substance abuse and gambling.

#### SixPence Program (Two sites)

Columbus Public Schools - facebook.com/ColumbusSixpence/

2410 16th Street, Suite A · 402-563-7000

Schuvler Preschool

100 East 15th Street · 402-352-2628

Sixpence is a free service that provides a home visitor to work with the family of a young child to build on his/her development by doing activities during weekly visits. Serves families prenatal to age three that can benefit the most from services.



### **Parenting**

#### Central Nebraska Community Partnership (CNCAP) - <u>centralnebraskacap.com</u> Head / Early Head Start

1014 West 9th Street, Schuyler, NE · 402-352-5084

Monday - Friday · 8:00 - 5:00 p.m.

Help parents to better understand their child's stages of development. A family resource program to support parents in education & nurturing their children.

#### Columbus Community Hospital- columbushosp.org

3005 19th Street #800 · 402-562-4813

Monday - Friday · 8:00 - 5:00 p.m.

#### Healthy Families Nebraska

Home-visiting that promotes positive parent-child relationships & healthy childhood growth & development.

#### Community & Family Partnership Community Prevention - columbusunitedway.com

3214 25th Street, Suite 2 · English: 402-366-5615 · Spanish: 402-615-0099

Monday − Thursday · 8:00 a.m. − 5:00 p.m. and Friday · 8:00 a.m. − 12:00 p.m.

An initiative of the Columbus Area United Way, Community Prevention provides a Family Coach to partner with parents or young adults who choose to meet with them for support connecting to resources and help to address issues that prevent them from meeting their needs. Serves Platte, Colfax, Boone & Nance Counties.

#### Nebraska Childcare Referral Network- nechildcarereferral.org

Web site that helps families locate State licensed providers in communities across Nebraska. https://www.nechildcarereferral.org/

#### Nebraska Dept. of Health & Human Services (DHHS)- dhhs.ne.gov

3737 25th Street

Child Care Licensing · 1-800-600-1289

Provide a listing of licensed childcare & information on finding quality childcare.

Foster Parenting · 1-800-772-7368

Provide information for people interested in becoming foster parents.

## **Disability/Developmental Services**

#### Pawnee Shrine Club- sesostrisshrine.org

402-474-6890

Treatment for children with congenital orthopedic deformities from injury & diseases of the bone, ioints & muscles.

#### S.M.I.L.E.

54646 832 Rd Madison, NE 68748 · 402-675-8462

Open 6 days a week

Recreation therapy on horseback for children & adults with a physical, mental or speech challenge.

#### Step Ahead ABA - stepaheadaba.com

For information, call 402-969-6642

Applied Behavior Analysis (ABA) therapy for those aged 1 – 21 who are on the autism spectrum. Utilizes a play-based therapeutic approach of breaking down goals into smaller, achievable steps, using positive reinforcement to encourage progress and build confidence along the way.

#### Special Olympics of Nebraska- sone.org

402-331-5545

Provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage and experience joy.

#### **Versatile Support Services**

2316 9th Street · 402-562-6492 Monday - Friday · 8:00 - 4:00 p.m.

Provide independent living & employment skills to the developmentally disabled.



### **Education/Employment Services**

#### Central Community College - Adult Ed. - cccneb.edu/ae

200 W. 10th Street, Schuyler, NE · Call 402-562-1463 to enroll

Provides English as a Second Language classes, adult basic education, and GED instruction for students 18+.

#### Central Community College - Columbus- cccneb.edu

4500 63rd Street · 402-564-7132

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Offers a variety of degree & certificate options in career & technical programs.

**TRIO/Student Support Services** help college students achieve their educational goals. Help students graduate by providing additional programs & services for success; must meet criteria for acceptance.

#### Career & Employment Services

402-562-1210

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provides career counseling, course placement and employment assistance.

#### Centro Hispano Comunitario de Nebraska- centrohispanos.com

3214 25th Street, Suite 1 · 402-564-2110

Monday - Thursday · 9:00 a.m. - 5:00 p.m.

Provides several services in adult education (Spanish GED, Computer Literacy, Technical Assistance) entrepreneurship & immigration legal services.

#### Equus Workforce Solutions- equusworks.com

3100 23rd Street (US 30) · 402-562-6077

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provide life skills & job skill training to persons receiving ADC benefits through the Department of Health & Human Services.

#### Goodwill Industries- goodwillne.org

3100 23rd Street · 402-942-4572

Monday - Friday · 8:00 a.m. - 4:30 p.m.

Work with adults who have barriers to employment and live with a mental health condition, brain injury, developmental or intellectual disability, substance use disorder, or autism to help them build skills, become competitively employed, and maintain employment in the community.

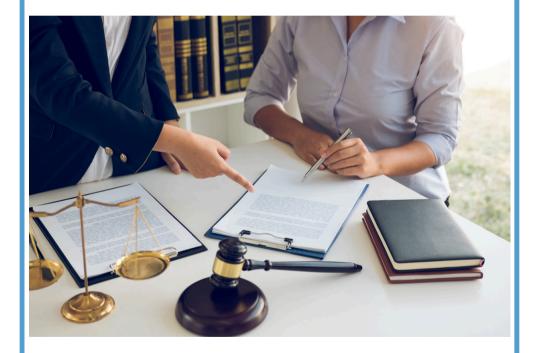
#### Job Corps- jobcorps.gov

Individuals develop employability skills. Receive assistance with job placement upon graduation from Job Corps. Individuals must be between ages 16 & 24. Visit the program's national website for more information: <a href="https://www.jobcorps.gov/">https://www.jobcorps.gov/</a>

## **Legal Services**

### University of Nebraska - Lincoln College of Law- <u>law.unl.edu/experiential-learning</u> 402-472-2161

Our clinic programs give third-year law students an opportunity to represent actual clients. Full-time faculty members provide a valuable and unique learning experience as they supervise students working on real cases. Nine clinics are operated by the College, including: Children's Justice Clinic; Civil Clinic; Debtor Defense Clinic; Housing Justice Clinic; and Immigration Clinic.



### **Legal Services**

#### Catholic Charities of Omaha- ccomaha.org

1123 Road I (St Benedictine) Schuyler, NE 68661 · 402-352-3644

Monday - Thursday · 8:00 a.m. - 5:30 p.m. | Fridays · 8:00 a.m. - 12:00 p.m.

Clients seen by appointment only.

*El Puente Immigration Legal Services* help clients with filing a variety of USCIS forms. Services consists of legal consults I which we evaluate clients' immigration legal options, advise how to proceed & represent them throughout the process.

#### Centro Hispano Comunitario De Nebraska- centrohispanos.com

3214 25th Street, Suite 1 · 402-564-2110

Monday - Thursday · 9:00 a.m. - 5:00 p.m.

Provide numerous services in adult education, entrepreneurship & immigration legal services.

#### Legal Aid of Nebraska- legalaidofnebraska.org

214 N 7th Street, Suite 10 Norfolk, NE 68701 · 1-877-250-2016 (Statewide Access Line)

Call for an appointment

Provides free civil legal assistance to low-income Nebraskans. We make equal justice happen.

#### Nebraska Mediation Center- nebraskamediationcenter.com

435 N Park Street, 4th Floor Fremont, NE · 402-753-9415

Monday - Friday · 9:00 a.m. - 4:30 p.m.

A neutral mediator helps 2 or more people work together to reach a solution to their conflict. Allows participants to exchange information, identify issues, uncover obstacles, explore options & create agreement terms that will work for each person.

#### Nebraska State Bar Association- nevlp.org/resources.html

635 S 14th Street, Suite 200 Lincoln, NE 68508 · 402-986-6501

**Volunteer Lawyers Project** provides free legal information, assistance & representation to eligible low-income Nebraska residents. Does not provide assistance with criminal cases or every type of civil case. Has several resources for both individuals and nonprofit organizations seeking pro bono legal assistance on its web site including a Virtual Self-Help Center and a web page to submit questions to an attorney free of charge.

#### Platte County Victims Assistance- plattecounty.ne.gov/victim-assistance/

2610 14th Street · 402-563-4971

Monday – Friday · 8:00 – 5:00 p.m.

Provides information, referrals, assistance, and personal and criminal justice related advocacy to victims of crime in Platte County who have suffered physical, sexual, financial, or emotional harm as a result of the commission of a violent crime.

## **Education/Employment Services**

#### Nebraska Department of Labor- dol.nebraska.gov

3100 23rd Street · 402-564-7160

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Assist job seekers with developing skills to provide counseling in career exploration & career choice.

#### Nebraska VR- vr.nebraska.gov

3100 23rd Street (US 30 Center) · 402-562-8065

Monday - Friday · 8:00 a.m. - 5:00 p.m.

To assist individuals with physical, learning, mental & emotional disabilities to obtain & maintain employment.

#### Platte Valley Literacy Association - plattevalleyliteracy.blogspot.com

3020 18th Street, Suite 4 · 402-562-1463

Monday - Thursday · 8:00 a.m. - 8:00 p.m.

Friday · 8:00 a.m. - 12:00 p.m.

Provide *Adult Education* opportunities for adults to improve their literacy skills to a level requisite for effective citizenship & productive employment. Classes for people 18 years & older include: ESL, GED, Citizenship, computers & Spanish classes.

#### Versatile Support Services

2316 9th Street · 402-562-6492

Monday - Friday · 8:00 a.m. - 4:00 p.m.

Provide independent living & employment skills to the developmentally disabled.



### Financial/Food Assistance

#### American Red Cross - Disaster Response- redcross.org/local/nebraska/get-help.html

1-844-334-7569

Open 24 hours / 7 days a week

Assists families who have been affected by natural or man-made disasters (single family fires, tornados, floods) by supplying immediate food, shelter & clothing. Assists during large disasters by setting up shelters.

### American Red Cross - *Military Services*- <u>redcross.org/get-help/military-families/financial-assistance.html</u>

1-877-272-7337

Provide emergency financial assistance (loans) to a serviceperson.

#### Central Nebraska Community Action Partnership (CNCAP)- centralnebraskacap.com

3362 53rd Avenue · 402-564-1124 Monday - Friday · 8:00 - 5:00 p.m.

**HART** short-term case management program to assist with rent, deposits & utility payments. **Stability Assistance Program** provides short term assistance to families & individuals faced with a crisis. Assistance for rent, deposits & utilities available.

#### Centro Hispano Comunitario de Nebraska

3214 25th Street. Suite 1 · 402-562-2110

Monday - Thursday · 8:00 a.m. - 5:00 p.m.

In addition to immigration services has a Family Outreach Program to provide direct assistance, referrals to other community resources, and advocacy to help families navigate crises and meet their basic needs; can also provide support for completing job applications.

#### Colfax County Food Pantry/Schuyler Ministerial Association

1213 Colfax Street, Schuyler, NE 68661 · 402-352-3540 (Divine Mercy Parish)

1st and 3rd Wednesday · 5:00 - 7:00 p.m.

Feed the hungry; limited to monthly request. Bring proof that live in Colfax. May also request assistance for other needs.

#### **Columbus Emergency Relief**

1853 10th Ave. (Inside the Simon House) · 402-564-4184

Monday & Wednesday · 10:00 a.m. - 3:00 p.m.

Friday 12:00 p.m. · 4:00 p.m.

Provide financial aid to needy people. Bring proof of need – i.e. for gas, voucher; proof of employment or registration with Dept. of Labor; lease on unit for rent assistance; utility bill for help with payment.

## **Housing- Non-Emergency**

#### Habitat for Humanity- hfhcolumbusne.org

1470 24th Avenue P.O. Box 1792 · 402-564-4663

By appointment only

Eliminate poverty housing & homelessness by building adequate and basis housing. Constructs homes for those living in substandard housing. Target families are those with 60% or less of the community's median income.

#### NeighborWorks- nwnen.org

2554 40th Avenue · 402-563-4300

Monday - Thursday · 8:00 a.m. - 5:00 p.m.

Friday · 8:00 a.m. - 12:00 p.m.

We help individuals and families achieve homeownership. Work to increase the number of new homeowners and expand affordable housing.

#### Oxford House Program - oxfordhouse.org

Columbus has two homes – for women's call 402-606-4999, men's call 402-606-4778

An Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment.

#### Region 4 Behavioral Health System

206 W. Monroe Ave. Norfolk, NE · 402-316-1780

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Operates three housing assistance programs to help adults (18+) with serious mental and/or a substance use disorder eligible obtain safe and decent housing at an affordable cost; must be participating in approved behavioral health service(s) funded by the Nebraska Dept. of Health & Human Services. The program serves as a "bridge" to other housing sources, such as the Federal Section 8 program or independent housing.

#### The Link- thelinkhalfwayhouse.org

1001 W Norfolk Avenue Norfolk, NE 68701 · 402-371-5310

Open 24 hours, 7 days a week

Long term addiction treatment in a residential setting aimed at helping men return to active & productive societal participation.

#### Women's Empowering Lifeline (WELL)- womenslifeline.net

910 W Park Avenue Norfolk, NE 68701 · 402-379-3622

Open 24 hours, 7 days a week

Promotes the overall health, well-being, independence, and capabilities of adult women. Provides dual disorder and intermediate residential treatment for adult women.

## **Housing- Non-Emergency**

#### **Local Housing Authorities**

#### Columbus Housing Authority- columbusha.com

2554 40th Avenue · 402-564-1131 Monday - Friday · 8:00 - 5:00 p.m.

Public Housing Program "Heritage House"

Provides housing to low-income elderly & disabled households.

Section 8 Rental Assistance

Provide rental assistance to very low-income households.

#### Albion Housing Authority - Harmony Homes

827 W. Columbia St. Albion, NE 68620 · 402-395-2224

Monday & Wednesday  $\,\cdot\,$  8:00 am - 4:30 pm; Tuesday & Thursday  $\,\cdot\,$  8:00 am - 12:00 pm

Operates 40-unit complex for low-income residents.

#### Clarkson Housing Authority - Sunrise Apartments

218 Czech Drive Clarkson, NE 68629 · 402-892-3416

Monday & Wednesday · 9:00 a.m. - 5:00 p.m.

Sunrise Apartments are owned by the Clarkson Housing Authority and consist of 23 one-, two-, three- and four-bedroom units.

#### Genoa Housing Authority - Sunrise Villa

301 E. Willard Ave. Genoa, NE 68640 · 402-993-2493

Monday - Friday · 8:00 a.m. - 12:00 p.m.

Operates 20-unit housing complex for low-income residents.

#### Schuyler Housing Authority

712 F St. Schuyler, NE 68661 · 402-352-2431

Tuesday, Thursday & Friday · 9:00 a.m. - 5:00 p.m.

Operates two complexes for low-income residents. The High Rise Apartment complex consists of 48 one-bedroom units. The Park Place Apartment complex consists of 10 two- and three-bedroom units.

#### **USDA Rural Development Home Repair Program**

Rural Development Service Center

2601 Lakeridge Drive Norfolk, NE 68701 · 402-371-5350, ext. 4

Provides loans to very-low-income homeowners to repair, improve or modernize their homes or grants to elderly (62 and older) very-low-income homeowners to remove health and safety hazards.

### Financial/Food Assistance

#### Good Neighbor Community Health Center - goodneighborcommunityhealthcenter.com

4321 41st Ave. in Columbus and 316 E. 11th Street in Schuyler

Columbus: Monday - Friday · 8:00 a.m. - 5:00 p.m. Schuyler: Monday & Tuesday · 9:00 a.m. - 2:00 p.m.

Outreach & Enrollment has Certified Application Counselors (CAC) available to assist consumers find affordable health coverage through the Health Insurance Marketplace or Medicaid. Assists with questions, applying, & enrolling in these as well as other financial aid programs through the Dept. of Health & Human Services. Located in the Good Neighbor Community Health Center.

#### Greenpath Financial Services - greenpath.com

8031 West Center Road, Suite 225 Omaha, NE 833-997-1722

Monday -Thursday · 7:00 a.m. - 9:00 p.m.

Friday · 7:00 a.m. - 7:00 p.m.

Saturday · 8:00 a.m. 5:00 p.m.

GreenPath partners with residents in the entire U.S. to ease financial stress and help people to accomplish their financial goals. Financial/debt counseling offered free of charge. Services are by phone, the Internet and possibly with in-person appointments.

#### **Holiday Spirit Coop**

P.O Box 947 · hsccolumbus@gmail.com

Operates October - December

A group of volunteers helping to link persons with local charitable projects who need assistance with gifts and/or food at Christmas.

#### NE Dept Health & Human Services (DHHS)- iserve.nebraska.gov

3737 25th Street · 402-564-1113 / 1-800-383-4278

Monday - Friday · 8:00 - 5:00 p.m.

#### iServe Nebraska - Economic Assistance Programs

Provides financial assistance to low-income, disabled, elderly & other such individuals or families within Nebraska including SNAP, Medicaid & Energy Assistance



### Financial/Food Assistance

#### **Platte County Food Pantry**

3020 18th Street, Suite 13 · 402-563-4544

Mondays: 10:00 a.m. - 11:45 a.m.

Wednesdays: 10:00 a.m. - 11:45 a.m. & 12:45 p.m. - 4:00 p.m.

Fridays: 10:00 a.m. - 11:45 a.m.

Closed Tuesdays, Thursdays and all major holidays.

Provides free food for Platte Co. residents who would otherwise go hungry.

#### **Boone County Food Pantry**

1108 West State St., Albion, NE 68620 · 402-920-3552

Thursdays: 2:00 - 4:00 p.m

Open to all residents in Boone County in need of food.

#### **Fullerton Food Pantry**

309 Esther St., Fullerton, NE  $\,68638$ 

 $1^{st}$  Wednesday of month  $\cdot$  5:00 – 7:00 p.m.

#### **Genoa Food Pantry**

520 Willard Ave., Genoa, NE 68640 · 402-750-9245

1st & 3rd Mondays 9:00-11:00 a.m. or by appt.

Serves those living within a 15-mile radius of Genoa.

#### Platte County General Assistance- plattecounty.net

1464 26th Ave. North Courthouse Building · 402-563-4915

Monday - Friday · 8:00 a.m.- 12:00 p.m.

Provides the necessities of life to persons who meet the eligibility guidelines. Emergency medical assistance can also be provided when eligibility guidelines are met. May be able to assist with rent, utilities & threatening medical attention.

#### The Salvation Army

1711 23rd Street · 402-564-6919

Tuesday – Friday · 1:00 p.m.- 3:00 p.m. (for social services, appointments preferred)

#### Simon House - thesimonhouse.org

1853 10th Avenue · 402-564-8444

Monday - Friday · 10:30 a.m. - 4:00 p.m.

Assistance for those in need with rent, utilities, meds and gas vouchers although funds are limited and can not help with deposits. Also operates a food pantry.

## **Housing- Non-Emergency**

#### Central Nebraska Community Action Partnership- centralnebraskacap.com

3362 53rd Avenue · 402-564-1124 Monday - Friday · 8:00 - 5:00 p.m.

#### **THRIVES**

Provides transitional housing for the homeless & enhance skills for self-sufficiency through case management.

#### KIND -Keeping Independent Needs Defined

Assists homeless youth and young adults between ages 18 & 24 years secure housing and address barriers for self sufficiency.

#### Supportive Services for Veteran Families - SSVF

Assists homeless or near homeless veterans and their families by utilizing rental assistance & linking them to area resources.

#### VRRH -Veterans Rapid Re-Housing

To assist Homeless Disabled Veterans, obtain housing.

#### HART

HART (Housing, Advocacy and Referrals for Totality) provides short-term financial assistance to prevent homelessness or rapidly re-house those who are literally homeless and to offer short term case management to address barriers.

#### Housing Choice Voucher Program

Program providing rental subsidy through the issuance of vouchers to individuals and families. Eligible households must meet income guidelines and the house/apartment must meet inspection guidelines. Columbus area communities where vouchers can be used are Albion, St. Edward, Cedar Rapids, Fullerton, Schuyler, Clarkson, Leigh and Howells.

#### Weatherization Assistance Program

Provides installation of energy saving materials in homes to assist in lowering heating and cooling costs for those meeting eligibility criteria. Households can be renters or homeowners; if is a rental property the landlord must approve work to be completed. For more information, call the main office at 308-745-0780.

#### Columbus Area Chamber of Commerce- thecolumbuspage.com

753 33rd Avenue · 402-564-2769

Provides a listing of rentals including subsidized housing the low income households that is also on its website.

## **Housing-Emergency**

#### Center For Survivors- centerforsurvivors.org

3103 13th Street · 402-564-2155 or 800-788-1325 Office Hours: Monday - Friday · 8:00 a.m. - 5:00 p.m.

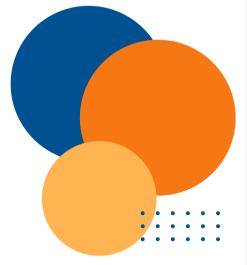
Emergency / Crisis Service provides 24 hour access, safe shelter, emergency medical / legal

/financial assistance for victims of domestic violence/sexual assault.

#### Columbus Rescue Mission-columbus rescuemission.org

1112 15th Street · 402-563-1096

Provides shelter, food & guidance to those in need.



### Health/Medical/Home Health Services

#### Angels Care Home Health- angelscarehealth.com

3314 26th Street, Suite B · 402-910-8880

Monday - Friday · 8:00 - 5:00 p.m. · Nurse on call 24/7

Provides skilled nursing and restorative therapy services to clients in their home.

#### Good Neighbor Community Health Center - goodneighborcommunityhealthcenter.com

4321 41st Avenue · 402-562-7500 Monday - Friday · 8:00 - 5:00 p.m.

Federally Qualified Health Center that provides primary care to anyone. Accepts insured, Medicaid, Medicare, and uninsured patients. No one will be denied services based on their ability to pay.

#### Tabitha Health Care Services- tabitha.org/care-by-location/tabitha-in-york/

205 S Lincoln Avenue, Suite 101 York, NE 68467 · 402-362-7739

#### **Hospice Care Services**

Provides compassionate Hospice care to persons with terminal illness.

#### VA Nebraska Health Care System- nebraska.va.gov

3204 Raasch Drive, Norfolk, NE 68701 · 402-370-4570

Monday - Friday · 8:00 - 4:30 p.m.

Outpatient clinic providing primary care and specialty health services, including mental health care, laboratory and pathology services, and more to Veterans.

#### Hospitals

- Boone County Health Center (Albion) boonecohealth.org
  - 723 West Fairview Street · 402-395-2191
- · CHI Health Schuyler chihealth.com/locations/chi-health-schuyler
  - 104 W. 17th Street · 402-352-2441
- Columbus Community Hospital columbushosp.org
  - 4600 38th Street · 402-564-7118
- · Genoa Medical Facilities genoamedical.org

706 Ewing Avenue · 402-993-2283

A listing of local physicians can clinics can be found at: columbushosp.org/patientsvisitors/physician-directory.