

COMMUNITY RESOURCES

SERVICES LOCATED IN **COLUMBUS UNLESS** OTHERWISE NOTED.

VISIT THE COLUMBUS AREA UNITED WAY WEBSITE TO FIND MORE DETAILED INFORMATION ON THESE RESOURCES AND ADDITIONAL **PROGRAMS**

VISIT NE211.ORG OR CALL 2-1-1 / 402-444-6666 / 1-866-813-1731. TEXT YOUR **ZIP CODE TO 898211.**

FREE IN APP STORE OR ON **GOOGLE PLAY - SEARCH** 211 NE.











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Abuse Services

CASA Connection- <u>casaconnectionne.com</u>

2610 14th Street · 402-563-4944

Monday - Friday · 9:00 - 5:00 p.m.

To train & support adult volunteers to represent the best interests of child victims of abuse & neglect in the courts.

Center For Survivors- centerforsurvivors.org

3103 13th Street · 402-564-2155

Emergency / Crisis Service provides 24-hour access, safe shelter, emergency medical/legal/financial assistance for victims of domestic violence/sexual assault.

Guardians of the Children (GOC)- guardiansofthechildren.com/nebraska-chapters

fatboygoc@gmail.com · 402-270-0420

To recognize & react to child abuse & educate the public to do the same; to serve as advocates to provide strength & stability to families in crisis; and be an answer to the prayer of an abused child or teen for courage, support & protection.

NE Dept of Health & Human Services- dhhs.ne.gov/Pages/default.aspx

2365 39th Avenue · 402-564-1113

Monday - Friday · 8:00 - 5:00 p.m.

Adult/Child Protective Services - dhhs.ne.gov/Pages/Children-and-Family-Services.aspx

Helps protect adults & children from abuse & neglect.

Faith Regional Child Advocacy Center- www.frhs.org/medical-services/child-abuse-care

1500 Koenigstein Ave Norfolk, NE 68701 · 402-371-4880

Provides hope & healing to victims of child abuse. Attention to the needs & abilities of children is the hallmark of our center.



Aging & Older Adults

Angels Care Home Health- angelscarehealth.com

1260 27th Avenue, Suite 102 · 402-564-5729

Monday - Friday · 8:00 - 5:00 p.m. · Nurse on call 24/7

Provides home health care services. We administer medical services under the direction of patient's primary care physician adhering to the physician's plan of care.

Columbus Senior Center- columbusne.us/128/Community-CenterSenior-Services

3111 19th Street · 402-563-4444

Monday - Friday · 8:00 - 3:00 p.m.

To help older people stay active, providing assistance to meet their total needs: social, emotional, physical and intellectual.

Columbus Community Hospital- columbushosp.org

4600 38th Street · 402-564-7118

Monday - Friday · 8:00 - 4:30 p.m.

Meals on Wheels

402-562-4466

Provides nutritious well-balanced noon meals for senior citizens who are confined to their home.

Home Instead Senior Care- homeinstead.com/location/104/service-area/columbus-ne

3309 31st Street, Ste 7 · 402-563-9292

Monday - Friday · 24/7

To enhance the lives of aging adults & their families. Our home care services can help your loved one live at home independently.

League of Human Dignity- <u>leagueofhumandignity.com</u>

400 Elm Avenue Norfolk, NE 68701 · 402-371-4475

Provides supports to those with disabilities to live independently in their homes.

NE Dept Health & Human Services- dhhs.ne.gov/Pages/default.aspx

3737 25th Street · 402-564-1113

Monday - Friday · 8:00 - 5:00 p.m.

Protect the health of all Americans by providing essential human services, especially for those unable to help themselves. Elderly, vulnerable adults, & older adults with disabilities

Aging & Older Adults

Northeast Nebraska Area Agency on Aging and Aging & Disability Resource Center- nenaaa.com

119 W Norfolk Ave. Norfolk, NE 68701 · 402-370-3454 / 1-800-672-8368

Monday - Friday · 8:00 - 5:00 p.m.

Assists older adults to remain Independent which is achieved through a variety of programs & services. The ADRC is available to inform on long-term services & supports for older adults & persons with a disability of any age.

Promedcare- promedcareinc.com

3100 23rd Street, Ste. 4 · 402-564-7900

Monday - Friday · 8:30 - 5:00 p.m.

Dedicated to enhancing quality of life by delivering compassionate non-medical care to clients.

Right at Home- rightathome.net/columbus-nebraska

2485 39th Avenue · 531-230-5300 (call any time)

Provide elder care services in the home that will provide peace of mind for you & your family. Whether it be short term companionship or more depth care.

Assisted Living Communities

Cottonwood Place	402-562-9136	cottonwoodseniorcare.com
Crown Villa	402-564-7311	crownvillacolumbus.com
Edgewood Vista	402-564-3785	edgewoodhealthcare.com
Emerald Nursing & Rehab	402-564-8014	emeraldcolumbus.com
Meridian Gardens	402-564-6300	heritage-communities.com
Prairie Village Retirement	402-563-4213	<u>pvrc.net</u>
Realife of Columbus	402-563-1122	<u>realifeofcolumbus.com</u>

Long & Short-Term Care

Brookstone Acres	402-942-9260	brookestoneacrescare.com
Emerald Nursing & Rehab	402-564-8014	<u>emeraldcolumbus.com</u>



1C Church Celebrate Recovery- 1cchurch.churchcenter.com/registrations

2200 28th Avenue · 402-835-5511

A Christ-centered recovery community helping others celebrate freedom from all types of painful hurts, habits & hang-ups. Learn to apply 12 steps along with biblical teachings & 8 Recovery Principles based on teachings of Jesus.

Apex Therapy- apextherapyservices.org

1306 Andrews Drive Norfolk, NE 68701 · 402-851-4026

A full-service outpatient mental health practice servicing Adults, Children/Youth, Couples, and Families. Telehealth services are available. We provide individual, couples, child, and family therapeutic services as well as Psychological, Neuropsychological, ADHD and Learning Evaluations.

Behavioral Health Specialists- 4bhs.org

4432 Sunrise Place · 402-564-9994

Open 24/7

Seekers of Serenity Place provides social detox & short-term residential treatment for chemically dependent adults as well as outpatient substance abuse & mental health counseling.

Better Living Counseling Services - betterlivingne.com

3154 18th Avenue, Suite 6 · 402-669-4175

Monday - Friday · 8:00 - 5:00 p.m

Provides family support, supervised visitation, intensive family preservation, mental health services, and individual and family counseling.

Boone County Health- boonecohealth.org

1019 S 8th Street Albion, NE 68620 · 402-395-3109

Offers a variety of outpatient services including assessment, individual, family & couples counseling.

Choices Treatment Center- https://www.choicestreatmentcenter.net/

For questions/referrals, call 402-476-2300

Provides FREE confidential counseling with a certified problem gambling counselor for those struggling with gambling in their lives.

CD Lambert Therapy Services- lamberttherapyservices.com

1453 29th Ave. · 402-562-7728

Monday - Friday · Hours Vary

Assisting individuals and couples with mental health therapy for relationships, stress, anxiety, grief and depression.

Colegrove Counseling Center, LLC- colegrovecounseling.com

1460 35th Avenue · 402-562-6767

By appointment

Provides substance abuse & mental health services to individuals, families & couples.

COR Therapeutic Services- cortherapeutic.com

3805 25th Street · 402-500-6870

Monday - Friday · 8:00 - 5:00 p.m.

Evening / weekends · By appointment

Meet individuals & families helping them achieve their mental health goals with unconditional acceptance, compassion & empathy.

Columbus Psychiatry Clinic- columbuspsychiatry.org

4508 38th Street, Ste. 165 · 402-562-4765

Monday - Friday · 8:00 - 5:00 p.m.

Offers care for children, adolescents, adults and seniors with medication management, psychotherapeutic services, psychological testing and counseling services. Can address many concerns, including but not limited to depression, anxiety, personality disorders, substance abuse and addiction, and difficulties with child behaviors.

East Central District Health Dept. & Good Neighbor Health Clinicgoodneighborcommunityhealthcenter.com

4321 41st Avenue · 402-562-7500

Mon/Tues/Thurs/Fri · 8:00 - 5:00 p.m. | Wed · 8:00 - 7:00 p.m.

Behavioral Health Clinic that has experienced professionals ready to help tackle the mental health needs in our communities.

Elissa Olson, LMHP

1367 33rd Avenue · 402-942-167

Provides counseling services to individuals, families, couples & groups.

Embark Counseling- embarkcounselingllc.com

3154 18th Avenue, Suite 7 · 402-942-9005

Monday - Thursday · 8:00 - 5:00 p.m.

Friday · By appointment

Provides mental health & substance abuse counseling to individuals, couples & families.

Foundations Counseling- foundationscounselinginc.com

Highland Park - 4115 38th Street · 402-366-3411

Mondays · 9:00 a.m. - 5:00 p.m.

Provides therapy to individuals, couples, and families with depression, anxiety, trauma, PTSD, attachment, adoption, parenting, stress management and ADHD.

Good Life Counseling- goodlifecounseling.com

2277 22nd Avenue · 402-562-0400

Good Life offers goal directed, solution-based counseling. Mental health therapy for individuals & families.

Goodwill Industries- goodwillne.org/bhs-onepage

3100 23rd Street Ste. 23 · 402-942-9007

Monday-Friday · 9:00 a.m. - 3:00 p.m.

Behavioral Health Services provides support to people in the recovery process, helping them to create a recovery plan, embrace hope, receive mental and physical healthcare, build skills and successfully live in their communities.

Growth & Grace Counseling- growthandgracecounseling.com

1114 W State Street Albion, NE 68620 · 402-396-5709

Strive to empower any person whose daily functioning has been impacted by current & past stress, life adjustments & mental illness

Mental & Behavioral Health, Inc- mbhtherapy.com

3314 26th Street · 402-564-9888

Monday - Thursday · 9:00 - 5:00 p.m.

Provide mental health services to children, adolescents, families, adults & couples.

Professional Mental Health- <u>professionalmentalhealthservices.com</u>

3314 26th Street · 402-562-7099

Monday - Friday · By appointment

Provides counseling services to ages six and up, on many issues.

Region 4 Professional Partner Program- region4bhs.org

1465 27th Avenue · 402-562-7205 or 402-835-5247

Monday - Friday · 8:00 - 5:00 p.m.

Assist families who have a child with

severe emotional disturbance in accessing services for the family without having to either have child become a ward of the state or incur undue debt to cover such services.

The Link- link-recovery.org

1001 W Norfolk Ave., Norfolk, NE 68701 · 402-371-5310

Open 24/7

Long term residential addiction treatment in aimed at helping men return to being active & productive and members of society.

Women's Empowering Life Line (The WELL)- womenslifeline.net

910 W Park Ave · 402-371-0220 Norfolk, NE 68701 · Open 24 / 7

Provides dual disorder and intermediate residential treatment for adult women.

Youth for Christ- yffccolumbus.com

2809 13th Street · 402-564-3700 Monday - Friday · Hours Vary

Anger Management Classes Adolescents

Program designed for adolescents with a hands-on curriculum.

G.A.P.S. (Group for Adolescents Providing Support)

Teen program addressing drug and alcohol abuse. Provides a positive environment to support teens 13–19 years of age.

Zimmerman Counseling

1570 38th Avenue · 402-564-6448 Monday - Thursday · 8:00 -6:00 p.m.

Provide individual, couples & family counseling addressing a multitude of issues.



Disability/Developmental Services

Assistive Technology Partnership- atp.nebraska.gov

1212 W. Benjamin Ave., Norfolk, NE 68701 · 877-713-4002

Monday - Friday

Provide assistive or adaptive technology that will help increase, maintain or improve functional capabilities of individuals with a disability or impairment

Arc of Platte County- arcofplattecounty.com

3020 18th Street · 402-563-1699

Call for hours

Help people with disabilities have quality opportunities, community acceptance & awareness. Learn how to speak out & have confidence.

Camp Luther - His Kids Camp- campluther.org

1050 Road 4 Schuyler, NE 68661 · 402-352-5655

Hours/Times vary

Provides a safe, caring, structured environment both indoor/outdoors.

Columbus Community Hospital-columbushosp.org

3912 38th Street (Wellness Center) · 402-562-3341

Monday - Friday · 8:00 - 6:00 p.m.

Wiggles & Giggles

Therapy for children through evaluation, treatment & education for developmental disabilities & other pediatric concerns.

East Central District Health Dept. - ecdhd.ne.gov

4321 41st Avenue · 402-564-4497

Monday - Friday · 8:00- 5:00 p.m.

Early Development Network

Connects families with various community resources to promote their child's development.

ESU #7- <u>esu7.org</u>

2563 44th Avenue · 402-564-0815

Monday - Friday · 8:30 - 4:30 p.m.

Educational Assistive Technology

Support children's development, skills & independence in communication, socialization, play, mobility & self-help

Special Education

Contracts with area school districts needing special education services.

Disability/Developmental Services

Mosaic- mosaicinfo.org/locations/nebraska/northeast-ne

1263 25th Ave. · 402-564-8212

Monday - Friday · 8:00 - 5:00 p.m. · Residential 24/7

Mosaic advocates for people with intellectual disabilities and provides opportunities for them to enjoy a full life.

NE Com. for Blind/Visually Impaired- ncbvinebraska.gov

214 N 7th Street Norfolk, NE 68701 · 402-440-2005

Monday - Friday · 8:00 - 5:00 p.m.

Blind & visually impaired receive training in the alternative skills needed to pursue personal & vocational goals.

Nebraska VR- vr.nebraska.gov

3100 23rd Street · 402-562-8065

Monday - Friday · 8:00 - 5:00 p.m.

To assist individuals with physical, learning, mental & emotional disabilities to obtain & maintain employment.

NorthStar Services- northstarservices.net

2866 48th Avenue · 402-564-1465

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provides services & support people with developmental disabilities to reach their goals.

Pawnee Shrine Club- sesostrisshrine.org

402-474-6890

Treatment for children with congenital orthopedic deformities from injury & diseases of the bone, joints & muscles.

S.M.I.L.E.

54646 832 Rd Madison, NE 68748 · 402-675-8462

Open 6 days a week

Recreation therapy on horseback for children & adults with a physical, mental or speech challenge.

Disability/Developmental Services

Special Olympics of Nebraska- sone.org

402-331-5545

Columbus School-Age Program

Disabled children and adults can learn & enjoy sports through proper instruction & training, giving them opportunities to develop a variety of skills.

Versatile Support Services

2316 9th Street · 402-562-6492

Monday - Friday · 8:00 - 4:00 p.m.

Provide independent living & employment skills to the developmentally disabled.



Education/Employment Services

Central Community College - Adult Ed. - cccneb.edu/ae

200 W. 10th Street, Schuyler, NE · 402-352-2421

Provides Adult ESL classes with levels ranging from Beginning to Advanced. GED classes in English only. Citizenship classes are offered twice a year.

Central Community College - Columbus- cccneb.edu

4500 63rd Street · 402-562-1447

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Offers a variety of degree & certificate options in career & technical programs.

TRIO/Student Support Services help college students achieve their educational goals. Help students graduate by providing additional programs & services for success; must meet criteria for acceptance.

Central Community College - Columbus - cccneb.edu

Career & Employment Services

4500 63rd St., West Education Center · 402-562-1210

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provides career counseling, course placement and employment assistance.

Centro Hispano Comunitario de Nebraska- centrohispanos.com

3214 25th Street, Suite 1 · 402-564-2110

Monday - Thursday · 9:00 a.m. - 5:00 p.m.

Provides several services in adult education (Spanish GED, Computer Literacy, Technical Assistance) entrepreneurship & immigration legal services.

Equus Workforce Solutions- <u>equusworks.com</u>

3100 23rd Street (US 30) · 402-562-6077

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provide life skills & job skill training to person receiving ADC benefits.

Goodwill Industries- goodwillne.org

3100 23rd Street · 402-942-4572

Monday – Friday · 9:00 a.m. – 3:00 p.m.

Work with adults who have barriers to employment and live with a mental health condition, brain injury, developmental or intellectual disability, substance use disorder, or autism to help them build skills, become competitively employed, and maintain employment in the community.

Job Corps- jobcorps.gov

Individuals develop employability skills. Receive assistance with job placement upon graduation from Job Corps. Individuals must be between ages 16 & 24. Visit the program's national website for more information: https://www.jobcorps.gov/

Education/Employment Services

Nebraska Department of Labor- dol.nebraska.gov

3100 23rd Street · 402-564-7160

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Assist job seekers with developing skills to provide counseling in career exploration & career choice.

Nebraska VR- vr.nebraska.gov

3100 23rd Street (US 30 Center) · 402-562-8065

Monday - Friday · 8:00 a.m. - 5:00 p.m.

To assist individuals with physical, learning, mental & emotional disabilities to obtain & maintain employment.

Platte Valley Literacy Association

3020 18th Street, Suite 4 · 402-562-1463

Monday - Friday · 8:00 a.m. - 5:00 p.m.

Provide **Adult Education** opportunities for adults to improve their literacy skills to a level requisite for effective citizenship & productive employment. Classes for people 18 years & older include: ESL, GED, Citizenship, computers & Spanish classes.

Versatile Support Services

2316 9th Street · 402-562-6492

Monday - Friday · 8:00 a.m. - 4:00 p.m.

Provide independent living & employment skills to the developmentally disabled.



Financial Assistance

American Red Cross - Disaster Response- https://www.redcross.org/local/nebraska/get-help.html

1-844-334-7569

Open 24 hours / 7 days a week

Assists families who have been affected by natural or man-made disasters (single family fires, tornados, floods) by supplying immediate food, shelter & clothing. Assists during large disasters by setting up shelters.

American Red Cross - *Military Services*- <u>redcross.org/get-help/military-families/financial-assistance.html</u>

1-877-272-7337

Provide emergency financial assistance (loans) to a serviceperson.

Central Nebraska Community Action Partnership (CNCAP)- centralnebraskacap.com

3362 53rd Avenue · 402-564-1124

Monday - Friday · 8:00 - 5:00 p.m.

HART short-term case management program to assist with rent, deposits & utility payments.

HOPE Case Management program that can give personal counseling & support to help with financial & emotional needs, as well as building goals for a promising future. The case manager works with individuals to find local & statewide resources for referral purposes.

Stability Assistance Program provides short term assistance to families & individuals faced with a crisis. Assistance for rent, deposits & utilities available.

Colfax County Food Pantry

1213 Colfax Street, Schuyler, NE 68661 · 402-352-3540

1st and 3rd Wednesday · 5:00 - 7:00 p.m.

Feed the hungry; limited to monthly request. Bring proof that live in Colfax

Columbus Emergency Relief

1853 10th Ave. (Inside the Simon House) · 402-564-4184

Hours vary

Provide financial aid to needy people. Bring proof of need – i.e. for gas, voucher; proof of employment or registration with Dept. of Labor; lease on unit for rent assistance; utility bill for help with payment.

East Central District Health Dept.- ecdhd.ne.gov

4321 41st Avenue · 402-562-7500

Monday-Friday · 8:00 - 5:00 p.m.

Outreach & Enrollment has Certified Application Counselors (CAC) available to assist consumers find affordable health coverage through the Health Insurance Marketplace or Medicaid. Assists with questions, applying, & enrolling in these as well as other financial aid programs through the Dept. of Health & Human Services. Located in the Good Neighbor Community Health Center.

Financial Assistance

Holiday Spirit Coop

P.O Box 1794 · hsccolumbus@gmail.com

Operates October - December

A group of volunteers helping to link persons with local charitable projects who need assistance with gifts and/or food at Christmas.

NE Dept Health & Human Services (DHHS)- dhhs.ne.gov

3737 25th Street · 402-564-1113 / 1-800-383-4278

Monday - Friday · 8:00 - 5:00 p.m.

iServe Nebraska - Economic Assistance Programs

Provides financial assistance to low-income, disabled, elderly & other such individuals or families within Nebraska including SNAP, Medicaid & Energy Assistance

Platte County Food Pantry

3020 18th Street, Suite 13 · 402-563-4544

Mon., Wed. & Friday, 10:00 a.m. - 11:30 a.m. · Tues. & Thurs., 2:00 p.m. - 4:00 p.m.

Provides free food for Platte Co. residents who would otherwise go hungry.

Platte County General Assistance- plattecounty.net

1464 26th Ave. · 402-563-4915

Monday - Friday · 8:00 a.m.- 12:00 p.m.

Provides the necessities of life to persons who meet the eligibility guidelines. Emergency medical assistance can also be provided when eligibility guidelines are met. May be able to assist with rent, utilities & threatening medical attention.





Health/Medical/Home Health Services

Angels Care Home Health- angelscarehealth.com

3314 26th Street, Suite B · 402-910-8880

Monday - Friday · 8:00 - 5:00 p.m. · Nurse on call 24/7

Provides home health care services. We administer medical services under the direction of patient's primary care physician adhering to the physician's plan of care.

Columbus Children's Healthcare- columbus pediatricclinic.com

3775 45th Avenue · 402-564-7200

Monday - Friday · 7:00 - 5:00 p.m.

Primary health services for newborns, babies, toddlers, children & adolescents through age 22.

Columbus Community Hospital- columbushosp.org

4600 38th Street · 402-564-7118

Open 24/7

Dedicated to providing compassionate, accessible health care.

Home Health/Hospice & Personal Care

Provide quality skilled health services to home bound & terminally ill patients.

East Central District Health Dept.- ecdhd.ne.gov

4321 41st Avenue · 402-564-4497

Monday - Friday · 8:00 - 5:00 p.m.

Complement community health services in order to make a positive difference in the quality of life to all individuals & families.

Tabitha Health Care Services- tabitha.org/york

205 S Lincoln Avenue, Suite 101 York, NE 68467 · 402-362-7739

Hospice Care Services

Provides compassionate Hospice care to persons with terminal illness.

VA Nebraska Health Care System- nebraska.va.gov

3204 Raasch Drive, Norfolk, NE 68701 · 402-370-4570

Monday - Friday · 8:00 - 4:30 p.m.

Medical care services available to Veterans who recently served active duty.

Housing-Emergency

Center For Survivors-centerforsurvivors.org

3103 13th Street · 402-564-2155 or 1-800-658-4482

Emergency / Crisis Service provides 24 hour access, safe shelter, emergency medical / legal /financial assistance for victims of domestic violence/sexual assault.

Columbus Rescue Mission-columbusrescuemission.org

1112 15th Street · 402-563-1096

Provides shelter, food & guidance to those in need.

Genesis House

474 N 12th Street David City, NE · 402-367-3585

Genesis House focuses available resources and services on the prevention of violence and the restoration of wholeness to women and children recovering from domestic abuse. Assistance with finding Safe and Affordable Housing.



Housing- Non-Emergency

Central Nebraska Community Action Partnership- centralnebraskacap.com

3362 53rd Avenue · 402-564-1124 Monday - Friday · 8:00 - 5:00 p.m.

THRIVES

Provides transitional housing for the homeless & enhance skills for self-sufficiency through case management.

KIND -Keeping Independent Needs Defined

Assists homeless youth and young adults between ages 18 & 24 years secure housing and address barriers for self sufficiency.

Supportive Services for Veteran Families - SSVF

Assists homeless or near homeless veterans and their families by utilizing rental assistance & linking them to area resources.

VRRH -Veterans Rapid Re-Housing

To assist Homeless Disabled Veterans, obtain housing.

Columbus Area Chamber of Commerce- thecolumbuspage.com

753 33rd Avenue · 402-564-2769

Provides a listing of rentals including subsidized housing the low income households that is also on its website.

Columbus Housing Authority- columbusha.com

2554 40th Avenue · 402-564-1131 Monday - Friday · 8:00 - 5:00 p.m.

Public Housing Program "Heritage House"

Provides housing to low-income elderly & disabled households.

Section 8 Rental Assistance

Provide rental assistance to very low-income households.

Habitat for Humanity- hfhcolumbusne.org

1470 24th Avenue P.O. Box 1792 · 402-564-4663

By appointment only

Eliminate poverty housing & homelessness by building adequate and basis housing. Constructs homes for those living in substandard housing. Target families are those with 60% or less of the community's median income.

NeighborWorks- nwnen.org

2554 40th Avenue · 402-563-4300

Monday - Friday · 8:00 - 5:00 p.m.

We help individuals and families achieve homeownership. Work to increase the number of new homeowners and expand affordable housing.

Housing- Non-Emergency

The Link- thelinkhalfwayhouse.org

1001 W Norfolk Avenue Norfolk, NE 68701 · 402-371-5310

Open 24 hours, 7 days a week

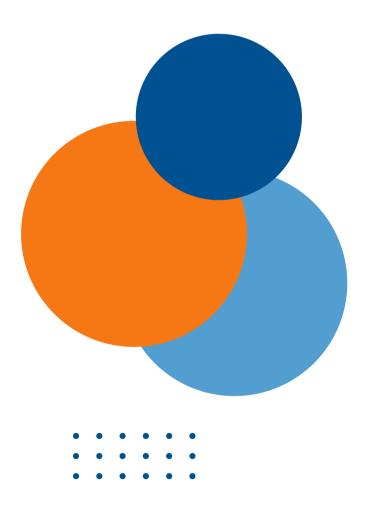
Long term addiction treatment in a residential setting aimed at helping men return to active & productive societal participation.

Women's Empowering Lifeline (WELL)- womenslifeline.net

910 W Park Avenue Norfolk, NE 68701 · 402-379-3622

Open 24 hours, 7 days a week

Promotes the overall health, well-being, independence, and capabilities of adult women. Provides dual disorder and intermediate residential treatment for adult women.



Legal Services

Catholic Charities of Omaha- ccomaha.org

1123 Road I (St Benedictine) Schuyler, NE 68661 · 402-352-3644

Monday - Thursday · 8:00 a.m. - 5:30 p.m. | Fridays · 8:00 a.m. - 12:00 p.m.

Clients seen by appointment only.

El Puente Immigration Legal Services help clients with filing a variety of USCIS forms. Services consists of legal consults I which we evaluate clients' immigration legal options, advise how to proceed & represent them throughout the process.

Centro Hispano Comunitario De Nebraska- centrohispanos.com

3214 25th Street, Suite 1 · 402-564-2110

Monday - Thursday · 9:00 a.m. - 5:00 p.m.

Provide numerous services in adult education, entrepreneurship & immigration legal services.

Legal Aid of Nebraska- legalaidofnebraska.org

214 N 7th Street, Suite 10 Norfolk, NE 68701 · 1-877-250-2016 (Statewide Access Line)

Call for an appointment

Provides free civil legal assistance to low-income Nebraskans. We make equal justice happen.

Nebraska Mediation Center- <u>nebraskamediationcenter.com</u>

435 N Park Street, 4th Floor Fremont, NE · 402-753-9415

Monday - Friday · 9:00 a.m. - 4:30 p.m.

A neutral mediator helps 2 or more people work together to reach a solution to their conflict. Allows participants to exchange information, identify issues, uncover obstacles, explore options & create agreement terms that will work for each person.

Nebraska State Bar Association- nebar.com

635 S 14th Street, Suite 200 Lincoln, NE 68508 · 402-986-6501

Volunteer Lawyers Project provides free legal information, assistance & representation to eligible low-income Nebraska residents. Does not provide assistance with criminal cases or every type of civil case.

Platte County Victims Assistance-

plattecounty.net/webpages/victim_assistance/victim_assistance.html

2610 14th Street · 402-563-4971

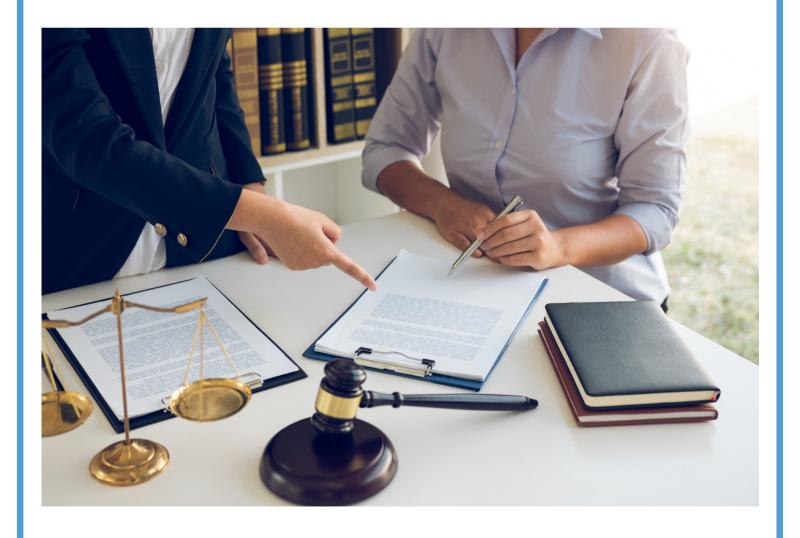
Monday - Friday · 8:00 - 5:00 p.m.

Provides information, referrals, assistance, and personal and criminal justice related advocacy to victims of crime in Platte County who have suffered physical, sexual, financial, or emotional harm as a result of the commission of a violent crime.

Legal Services

University of Nebraska – Lincoln College of Law- <u>law.unl.edu/experiential-learning</u> 402-472-2161

Our clinic programs give third-year law students an opportunity to represent actual clients. Full-time faculty members provide a valuable and unique learning experience as they supervise students working on real cases. Nine clinics are operated by the College, including: Children's Justice Clinic; Civil Clinic; Criminal Clinic; Debtor Defense Clinic; Housing Justice Clinic; and Immigration Clinic.



Parenting

Central Nebraska Community Partnership (CNCAP) - centralnebraskacap.com

Head / Early Head Start

3286 53rd Avenue · 402-564-1124

Monday - Friday · 8:00 - 5:00 p.m.

Help parents to better understand their child's stages of development. A family resource program to support parents in education & nurturing their children.

Columbus After School Programs- facebook.com/cpscaspne

2715 13th Street · 402-563-7000 ext. 12052

Monday - Friday · 3:30 - 6:15 p.m.

Columbus Public Schools - Provide childcare in a safe, structured environment that serves the best interests of each child & his/her family. Provides a variety of activities as well as homework assistance.

Columbus Community Hospital-columbushosp.org

3005 19th Street #800 · 402-562-4814

Monday - Friday · 8:00 - 5:00 p.m.

Healthy Families Nebraska

Home-visiting that promotes positive parent-child relationships & healthy childhood growth & development.

Nebraska Childcare Referral Network- nechildcarereferral.org

Web site that helps families locate State licensed providers in communities across Nebraska. https://www.nechildcarereferral.org/

Nebraska Dept. of Health & Human Services (DHHS)- dhhs.ne.gov

3737 25th Street

Child Care Licensing · 1-800-600-1289

Provide a listing of licensed childcare & information on finding quality childcare.

Foster Parenting ⋅ 1-800-772-7368

Provide information for people interested in becoming foster parents.

Parent to Parent Network- parent-parent.org

1502 North 13th Street, Norfolk, NE 68701 · 402-379-2268

Monday - Friday · 8:30 - 5:00 p.m.

Provides peer support to & advocacy for families of children with behavioral/emotional challenges including social, emotional, mental, substance abuse and gambling.

Support Groups

Alcoholics Anonymous - Nebraska Hotline- https://alcoholicsanonymous.com/aa-meetings/nebraska/877-226-3632

Alzheimer's & Dementia Support- https://www.alz.org/nebraska?set=1

Helpline · 800-272-3900

Arc of Platte County - Parents for Parents- arcofplattecounty.com

402-563-1699

Columbus Cancer Care Foundation - columbuscancercarefoundation.org

402-562-8666

Columbus Community Hospital- columbushosp.org

Offers a variety of classes and support groups, including:

Breast Feeding Class · 402-562-3266

Diabetes Support · 402-562-4462

Grief Support · 402-562-4449

Parkinson's Support · 402-562-3333

TBI & Stroke Support · 402-562-3333

COPD Support · 402-562-3344

For a full list, visit the website and click the "For The Community" tab.

American Foundation for Suicide Prevention- https://afsp.org/find-a-support-group/

NAMI Nebraska/Online Connection Support Groups- naminebraska.org

Helpline · 800-950-6264

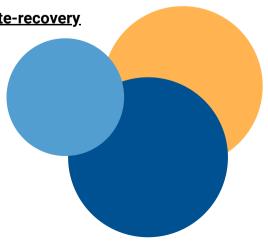
Youth & Families for Christ- yffccolumbus.com

G.A.P.S (Group for Adolescent Providing Support) · 402-564-3700

1C Church- <u>1cchurch.churchcenter.com/groups/groups/celebrate-recovery</u>

Celebrate Recovery · 402-835-5511





Transportation

American Cancer Society- cancer.org

1-800-227-2345

Transportation Services: Road to Recovery- <u>cancer.org/support-programs-and-services/road-to-recovery.html</u>

Volunteers will provide transportation to & from treatment.

Columbus Area Transit- columbusne.us/125/columbus-area-transit

1058 28th Avenue · 402-564-9293

Monday - Friday · 8:00 - 4:00 p.m.

Transporting individuals where they need to go in a safe & timely manner at an affordable rate.

Columbus Cancer Care Foundation - Transportation - columbuscancercarefoundation.org

4860 33rd Avenue · 402-270-7740

Monday - Friday · 8:00 - 4:00 p.m.

Van dedicated to transporting cancer patients to & from their cancer related appointments.

Kiddie Cab

3317 30th Street · 402-564-3309 / Cell: 402-606-9716

Monday - Friday · 7:00 – 6:00 p.m.

To transport children between the ages of 3 - 18 years to & from various activities, appointments & schools.

Ponca Tribe of Nebraska - Ponca Express-poncatribe-ne.org/services/ponca-express

1800 Syracuse Avenue Norfolk, NE 687014 · 1-877-769-3111

Monday - Friday · 7:30 - 5:00 p.m.

Provide transportation for appointments, meetings, or gatherings at an affordable rate. Services include—health care, recreation, education, public services, gatherings, social services & youth services for rural residents in the service area. Service within 3 hour radius of Norfolk.



Veteran Services

American Red Cross of Southeast Nebraska - redcross.org/local/nebraska/about-us/locations.html

4600 Salt Valley Road, Ste. 300, Lincoln, NE 68510 · 402-441-7997

Is available to provide assistance/resources after a home fire or other disaster. Mobilizes to provide shelters and other services when natural disasters occur.

Central Nebraska Community Action Partnership (CNCAP)- centralnebraskacap.com

3286 53RD Avenue · 402-564-1124

Monday - Friday · 8:00 a.m. - 5:00 p.m.

The Supportive Services for Veteran Families (SSVF) program works to help homeless or near homeless Veterans, both individuals and families get access to housing and services.

VRRH- Veteran Rapid Re-Housing aid disabled Veterans that are literally homeless to achieve permanent housing stability.

Columbus American Legion- columbusamericanlegion.org

2263 3rd Avenue · 402-562-8484

Devotion & Honor to our fellow service members & Veteran's. Also supports the Veteran's crisis line - dial 988 and press 1. Available 24/7.

Disabled American Veterans - Columbus- dav.org

3111 25th Street · 402-270-9638 · 1-800-273-8255

DAV is a nonprofit charity that provides a lifetime of support for veterans of all generations & their families. Also, a leader in connecting Veterans with meaningful employment. Services are at no cost.

Platte County Veterans Service Office-

<u>plattecounty.net/webpages/veterans_services/veterans_services.html</u>

2610 14th Street · 402-563-4914

Monday - Friday · 8:00 - 5:00 p.m.

Veterans Benefits & Services assists all veterans, spouses & dependents when the need arises concerning all benefits & services provided by the Veterans Administration.

VA Nebraska Health System- nebraska.va.gov

3204 Raasch Drive, Norfolk, NE 68701 · 402-370-4570

Monday - Friday · 8:00 a.m. - 4:30 p.m.

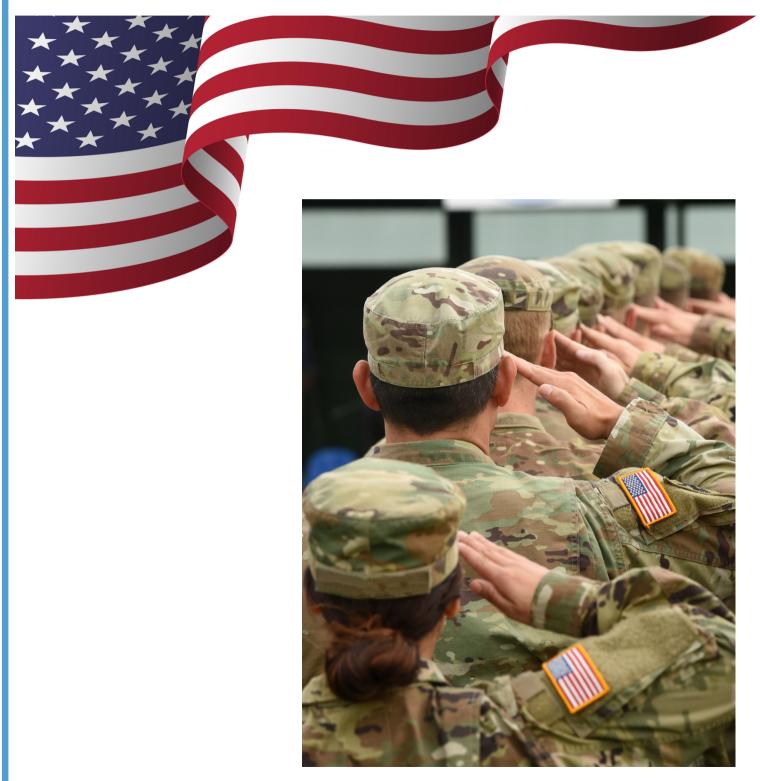
Assist regarding health care benefits & eligibility within VA system, information about Veteran's Benefits, assist in understanding Veterans rights & responsibilities, assist in coordinating service with the health system & resolve complaints & concerns about VA care.

Veteran Services

VFW- vfw.org

2720 23rd Street · 402-563-3704

Offers a wide range of assistance programs aimed at helping veterans of every generation. Whether that means providing free, professional help filing or appealing a VA claim, offering scholarships for post-secondary education or providing emergency financial relief when times get tough, the VFW is there for America's veterans.



Youth Programs

Big Pals ~ Little Pals- bigpals.org

2417 11th Street · 402-910-8334

Monday – Friday · 9:00 – 4:00 p.m.

Match adult volunteers with children ages 6-16 from single parent homes to provide them an adult friend & role model.

Boy Scouts- mac-bsa.org

402-961-9084

Monday - Friday · 8:00 - 5:00 p.m.

Provide a value-based educational program to build character, teach responsible citizenship & develop personal fitness.

Columbus Family YMCA- columbusy.org

3912 38th Street (Columbus Wellness Center) · 402-564-9477

Open 7 days a week · Hours vary

Provides youth development, healthy living & social responsibility.

Columbus Public Schools - After School Programs- facebook.com/cpscaspne

2715 13th Street · 402-563-4901

Provide childcare in a safe, caring, interesting & structured environment that serves the best interest of each child & his/her family.

Girl Scouts - Columbus Service Center- girlscoutsnebraska.org

1570 33rd Avenue · 402-558-8189

Monday - Thursday · 9:00 a.m - 5:00 p.m.

Our program revolves around a leadership experience for girls: a collection of activities and experiences as they earn badges, sell cookies, take exciting trips, explore the outdoors, create action projects that make a difference, and more.

Nebraska Extension - Platte County- platte.unl.edu

2610 14th Street · 402-563-4901

Monday – Friday \cdot 8:00 – 5:00 p.m.

4-H Program is a club membership youth development program.

Platte County Juvenile Services- <u>plattecounty.net/webpages/juvenile/juvenile.html</u>

1465 27th Avenue · 402-563-4965/4970

Monday - Friday · 8:00 - 5:00 p.m.

Operates the Platte Valley Diversion Program which provides alternative rehabilitation and education for eligible juvenile offenders to have the opportunity to become successful without court involvement. An Attendance Monitor works to provide guidance and assistance when a youth has chronic absences from school. A youth Scholarship Fund can cover fees for sports and activities.

Youth Programs

TeamMates Mentoring Program- teammates.org

3220 25th Street · 402-564-8326

Hours Vary

Provides positive role models to students in need of additional caring adult in their lives.

Youth & Families for Christ- yffccolumbus.com

2809 13th Street · 402-563-3700

Monday - Friday · 9:00 - 5:00 p.m.

GAPS, OSS (Out of School Suspension), Teen Moms, Young Dad, High School Club, Middle School Club, Teen Parents, Stress & Anger Management

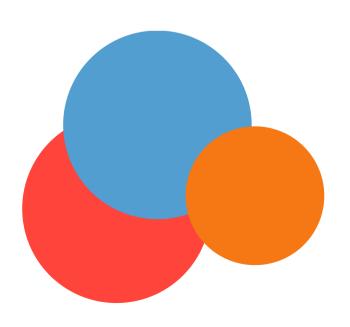
Expertise in reaching kids in every situation or circumstance to bring about positive changes - physically, emotionally, socially and spiritually.



Hotlines

AL-ANON/AL-ATEEN Meeting Information	1-888-425-2666
Alzheimer's Disease Hotline	1-800-272-3900
Birth to Five Helpline	1-877-705-5437
Boys Town National Hotline	1-800-448-3000
CDC National HIV/AIDS/STD Hotline	1-800-232-4636
Child/Adult Abuse Hotline	1-800-652-1999
Child Find of America	1-800-426-5678
Disability Services (Client Assistance Program)	1-800-742-7594
Drug Information & Referral Hotline	1-800-662-4357
Eldercare Locator	1-800-677-1116
Crisis Care Line (for Nebr. Region 4)	1-888-37-7003
Legal Aid Rural Response	1-800-464-0258
Narcotics Anonymous	402) 563-3853
National Center for Missing & Exploited Children	1-800-843-5678
National Child Abuse Hotline	1-800-422-4453
National Human Trafficking Hotline	1-888-373-7888
National 988 Suicide & Crisis Lifeline	988
Nebraska 211	211
Nebraska Family Helpline	1-888-866-8660
Poison Control Center	1-800-222-1222
Project Inform National HIV/AIDS Treatment	1-800-822-7422
SHIIP NE Senior Health Insurance Information	1-800-234-7119
The INS National Customer Service Center	1-800-375-5283 · <i>TDD/TEXT</i> · 1-800-767-1833
Veterans Crisis Line	1-800-273-8255
Youth Crisis Hotline	1-800-448-4663







Just imagine...a FREE book mailed to your child EVERY month from birth through four years old.

Dolly Parton's Imagination Library is a 60 volume set of books beginning with the children's classic "The Little Engine That Could."

Each month a new, carefully selected book will be mailed in your child's name directly to your home. There is no cost or obligation to your family. The program is fully funded by the United Way.

Who is eligible?

Any child under the age of 5 whose parent/guardian reside in Platte, Colfax, Boone or Nance County or work in Columbus, Schuyler or at Sentinel Buildings in Albion.

Books are mailed to the address listed on the registration form.

You must contact the Columbus Area United Way if your address changes.

For more information call 402-564-5661or visit - www.imaginationlibrary.com

Columbus Area **United Way**



Last updated March 2024







